

Model Poses 5,000 Times

LONDON (U.P.)—Marguerite Sallé, artists' model, says she is the most painted woman in the world. She estimates that in the nine years she has posed for artists she has been painted or sketched 5,000 times.

Resort Visited 78 Years

OAK BLUFFS, Mass. (U.P.)—For the 78th successive year, Mrs. Lee L. Farnham, 84, is spending her summer vacation at this inland resort, where she has a cottage on the shore of a pond.

Foreign Flavors Add Zest to Meat Dishes



Mrs. Aida Cook

Much as we like our own American cooking, it is interesting to try the seasonings of our foreign neighbors, at least for the sake of variety. Of course, not all foreign seasonings are available here, and for that matter not all of them suit our taste, but those which can be obtained frequently give our dishes a zest of flavor, and gain for them a royal welcome.

East Indian Curry Powder

Curry powder is a seasoning which has many possibilities in cookery, and especially in meat cookery, since its flavor, if added with discretion, adds a spiciness which enhances the delicious meat flavor. Curry powder, contrary to many ideas, is not one spice, but a combination of a dozen or more mixed in its native country, East India, according to the likes of the family and according to the pocketbook. Curry powder may be used simply as a seasoning, very much as one uses paprika. A small amount added to the cream sauce in which left-over meat is served adds a great deal of interest. It may be sprinkled over an escalloped meat dish along with the buttered bread crumbs to give it a spicy flavor that will be enjoyed.

Method: Dredge diced lamb with flour and brown in hot lard. Add onion, curry powder, lemon juice, hot water and tomatoes. Cover and let cook very slowly until the meat is tender. Serve on a bed of fluffy steamed rice.

A typically German kind of seasoning is the sweet-sour flavor obtained by allowing the meat to stand for several days in a pickle sweetening vinegar, and flavoring with onion, cloves, and various other spices. Much the same flavors may be obtained by cooking meat in a spiced vinegar solution.

Spiced Steak

Round or chuck, cut 1 inch thick
2 tablespoons lard
1/2 cup dilute vinegar
1 small onion
1 bay leaf
4 or 5 whole cloves
1 tablespoon sugar
Salt and pepper

Method: Brown steak on both sides in hot lard. Add the dilute vinegar, sliced onion and other seasonings. Cover and let cook in a moderate oven until done, about one hour. To serve, remove the steak to a hot platter, and thicken the remaining liquid for a spicy sauce.

Sour cream is frequently an addition to typically continental meat dishes, so here is one to try. Should you not have sour cream on hand, you can easily make it by adding 1 tablespoon vinegar per cup of cream.

Paprika Schnitzel

Veal shoulder chops or steaks
4 slices bacon
1 small onion
1 teaspoon paprika
1 cup sour cream
1/2 cup tomato sauce
Salt and pepper

Method: Dice the bacon very fine, and fry until crisp. Brown the veal chops or steaks in the bacon drippings, then add the onion, season with paprika and salt and pepper. Stir in the sour cream and tomato sauce. Cover tightly and bake in a moderate oven until done, about thirty minutes.

Potatoes Declared Fruit

SYDNEY (U.P.)—Potatoes on Norfolk Island have been declared a fruit in order to permit of their export control under present regulations covering fruit exports.

CAN YOU IMAGINE!



how this war veteran from Arlington Heights, Mass. boasts BISMARX. He returned from the World War with a painful stomach disorder and suffered for years. Recently he discovered BISMARX and obtained immediate relief. Now he is eating normally and gaining weight steadily.

EXPLANATION

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Child Saves Doll in Fire DENVER (U.P.)—When the home of T. B. Buchanan caught fire, his 4-year-old daughter, Yuvan, dashed upstairs and rescued her doll.

TOLEDO (U.P.)—A truant Rhesus monkey that outwitted Toledo zoo officials for five days fell victim to a trap laid by three children and was captured.

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