




Violin Students To Give Recital Friday VEvening

-a mental picture
"READY MONEY" IS THE ARTIST that paints the picture of A SUCCESSFUL ACHIEVEMENT"
have your "READY MONEY

## First National Bank

## Continental Stores

CARNATION
MILK

BUTTER
To School Again
Get ready for that four o'clock raid on your
cupboard! Here you have a selection of health cupboard! Here you have a selection or hals for
and body building foods.. choicest cereal
brain nourishme brain nourishment ... quality meats for body growth. . rich fresh milk, energy producing
foods for hard play. Success in school depends, to a large extent, on the foods the children eat. Here are a few suggestions of things the youngsters will enjoy

|  |
| :---: |
|  |  |
|  |  |


| Puffed Raisins sunmaio pk. 10c | Fruit Top Coffee Cake |
| :---: | :---: |
| Ripe Olives | 10c |
| ${ }_{\substack{\text { tall } \\ \text { cans }}} 2_{\text {tor }} 25 \mathrm{c}$ | Sand |
| Peanut Butter | Spread |
| i.ro. ghat 19c | LYNDEN |



| Cream of Wheat | FREE <br> 10c pkg. of Tea With Purchase of 1.1 b | MOTOR OIL <br> SEAL BRAND Medium Heavy |
| :---: | :---: | :---: |
| ${ }_{\text {Skg. }}^{\text {Small }}$. 13 C |  |  |
| ${ }_{\text {Pkg. }}^{\text {Lerge }}$ 24c | Coffee 35 c | $5_{\text {can }}^{\text {cal. }} \mathbf{1 . 0 9}$ |

