DAY

TORRANCE HERALD

WIFE CAVERS By Mrs. Mary Morton

see why it is that my always act worse when we sts than at any other time,' Well, there is a cerrive strain to "company" in millies. The children are ex-to keep unnaturally clean; they if the very best china and sil-used and that there is a pros-unusual goodies to be enjoyed at Mother is under more or a strain and consequently not sizelf, and this al tends to cre-unatural state of mind in the nd make him not quite re-unatural state of mind in the nd make him not quite re-subscience of the schemer of a strain and consequently not sizelf, and this al tends to cre-unatural state of mind in the nd make him not quite re-subscience of the schemer of the schemer of subscience of the schemer of the schemer of subscience of the schemer of the schemer of state of the schemer of the schemer of state of the schemer of the schemer of subscience of the schemer ve strain to "company" ir ilies. The children are ex-

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LOMITA AMUSEMENT

HAY

GRAIN

FEED

A speck of melted butter and a drop of vanilla added to each cup of cocca greatly improves the flavor. To keep oilcloth from breaking the corners over tables, use adhesive cloth, or paste squares of muslin on wrong side of heavy muslin on wron oilcloth at the corners.

SOFT DRINKS

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FOOD

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CLUB

two egg yolks, one-half cup milk, one tablespoon butter, one tablespoor tablespoon flour, one-half teaspoon salt, pepper one-quarter cup grated cheese, on tablespoon butter. Melt one table tablespoon butter, Melt one table-spoon butter, add flour, stir until thick. Add seasonings and cheese, and when the mixture has cooled stir in the beaten egg whites and proceed as for the plain omelet. Serve with a garnish of cranberry jelly.

tarian dish

When pressing wool dresses or men's suits the pressing cloth should be of wool or part wool, for the use of a woolen pressing cloth will ward off that shiny look.

matoes may be left out if you pre-fer, or butter may be substituted for the pork, making it a wholly vege-

Cheese Omelet .- Two egg whites

Even when doing "light housekeep-ing," do not depend on canned foods for a steady diet. These are valuable for emergencies and are even a part of a well rounded dietary, but if you do not include freshly cooked vege-tables you are in danger of missing some of the essential vitamins. It is said that to get that "peppy" feeling you should try eating prunes for breakfast, spinach and baked apples for lunch, and baked pathes for lunch, and baked pathes and shredded cabbage for dinner every day for a week.

Ollapodrida.—Three cups boiled rice, one-quarter cup butter, small bit of onion, five hard-boiled eggs, one pint stewed tomatoes, seasonings. Cover bottom of baking dish with rice. Sprinkle on a layer of chopped egg, bit of onion and tomato, repeat, and dot top with butter. Season well. Bake covered for one hour and re-move lid to brown the last ten min-utes. Instead of butter, strips of raw bacon may be laid over the top. This serves six people generously.

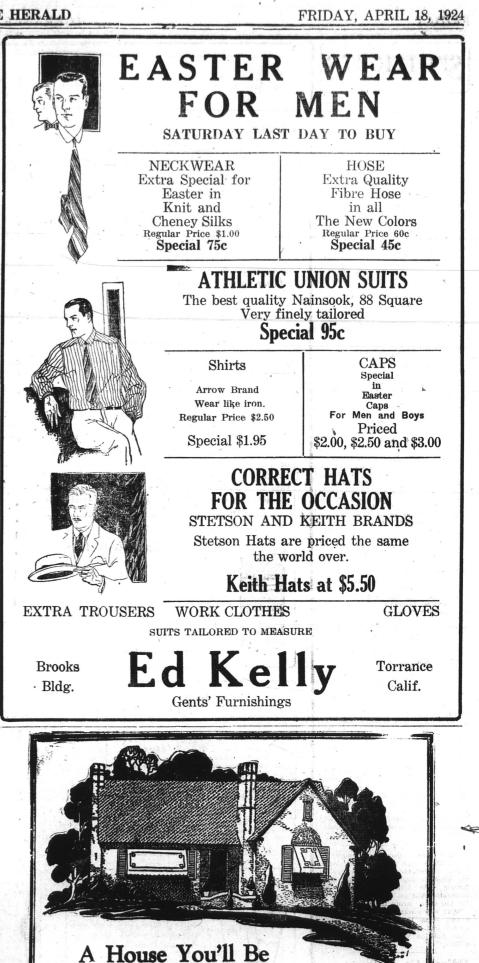
Some people do not care to do cross-stitch work, but admire the unusually attractive designs which can be obtained for this needle-work. Try the idea of using the designs, but embroidering French knots instead of the crosses. It is easy to do, rapid, and very deco-rative.

When elaborately carved furniture is to be polished, it is a good idea to take out the dust with a soft-bristled brush, then apply polish with another brush. It is so hard to ged into the carved corners that only a soft brush will do the work. Do not wet the brush too much with the polish, but use only enough to cleanse the carvings,

This is a southern favorite and can be made of preserved as well as of fresh fruit. Pare and quarter tart apples, dip each piece in melted but-ter, then roll it in spiced sugar. Have ready a crust-lined shallow, square, baking pan and fill with the apples. Turn over them a half cupful of honey or maple syrup and an equal amount of water. Bake the cobbler until the apples are soft and the crust is done. Serve it hot with a little sweet cream or with whipped cream. Peaches, fresh or canned, plums and large strawberries make excellent cob-blers, made practically the same way. blers, made practically the same way. The butter should be omitted in case herrie







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marked: "Well, my lad, just tell your mother I called, and you might tell her that the next time she goes down the street she would do better to take her feet with her."

PLENTY

A few days before the Dempsey-Gibbons fight at Shelby one of the cowboys in the rodeo was badly hurt while buildogging. The steer ripped cowboys in the rodeo was badly hurt while bulldogging. The steer ripped a great wound in his face, and it was necessary to take twenty stitches to close the gash. A little later the un-formate cowboy sauntered down the main street of Shelby with nothing more than one eye showing through the bandages. An itinerant street vendor, intent upon trade, halled him with "Want a souvenir of Shelby?" The cowboy eyed him severely and said: "When I get away from here I don't want nothing more than I got don't want nothing more than I got to remember it by."

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