THE TORRANCE HERALD "TORRANCE MEANS BUSINESS" "The Modern Industrial City" and "America's First Great Industrial Garden City"-10,000 in 1925

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OFFICIAL PAPER OF THE CITY OF TORRANCE A Home Paper By Home People For Home People THE "ALL HOME NEWS" PAPER

## C. P. ROBERTS

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## A WORD TO THE WISE

We are approaching the holiday season once more, and Christmas will be here before we know it. And before a lot of people are ready for it
Already daily papers and magazines reaching here are filled with tempting offers of holiday goods, and already those who are given to buying out of town or patronizing mail order houses are doubtless commencing to send their
dollars so far away that they will never come back. In a way our own merchants are largely to blame for a good deal of this money leaving the community. The old habit holiday goods-or any other bargains-is the very thing the big city stores and mail-order houses enjoy. They take ad big city stores and mail-order houses enjoy, They take ad-
vantage of the situation, start advertising early, and get business from right under the nose of the merchant who puts off advertising until the last minute. They get money that could be kept at home if hoiday and fall and winter advertinued steadily.

The mail-order men are wise, because they have studied owns. They know that the advertiser who gets to the people first is the one who is going to rake off the cream of the business. So they start early, keep it up steadily, and win out. There is no good excuse for letting them get away with it this year. But the way to keep them from getting away with it is to start NOW, and advertise fall, winter and holiday goods-and don't stop as long as people
are buying that class of goods.

## JOBS AND JOBLESS

The number of people needing gifts to make Christmas a day of joy, and the many who are in dire need of food to mind the fact that the poor, the unfortunate, and the jobless are with us in much larger numbers than it is comfortable to think of. At the employment offices men jostle one another as they crowd the doors waiting for a chance to earn a few dollars. Charitable organizations and public relief stations are overflowing with applicants for relief.

Without attempting to moralize over the matter, it is a fact which will be faced if we give it thought that in twenty years from now the jobless and the bread line will be made up of those who are boys from ten to thirty years old today.

The causes which brought those of today to this pass are operating to bring those of a few years hence to the same place. A proportion of the men are in such thoroughly kinds, but the great number owe it to themselves ar they are jobless and poverty stricken.

How many of the crowd at the agencies today are able to do a first-class job in any line of work. How many have made it a point to be worth a little more than their wages to boyhood have muddled their brains with cigarettes or a little later with whisky, or preferred the poolroom or the picture shows or the loafer's seat, or the immoral house to days of study in some useful line which would make them better carpenters, machinists or masons, and prepared them for a higher place when a vacancy occurred?

Who are those first to be discharged when dull times come, if not the man who watches the clock for fear of working a few minutes overtime, or who is a chronic shirk and grumbler, or who is inefficient through dissipation and comes on in the morning with aching head and shaky

Employers do not hire workmen as dolls and candy are given away at Christmas time, but for the one purpose of
profitably using their work and skill in their business, and in proportion as this is satisfactorily furnished the and secure. Men are not in the bread line who can earn $\$ 1500$ a year on a $\$ 1000$ salary. But the man who is getting $\$ 3$ a day and earning $\$ 2.50$ is on the road to it, unless he can live on his relations when work gives out.

The idea is utterly absurd that this can be changed by legislative enactment, or that the success of any political party will make all men of the same calibre in mind and body. Any scheree which would give every man the same
"living wage" regardless of capacity or ability, is sure to "living wage" regardless of capacity or ability, is sure to fail, for to relieve men of personal responsibility which stim-
ulates to individual effort would cause mental and physical ulates to individual effort would cause mental and physical
degeneration. Ancient Rome went to wreck from rottenness of public morals when slaves did the work and the citizen fed at the public crib, and had nothing to do but attend the moving picture shows at the Coliseum.

THE FOUNTAIN OF YOUTH
The date at which we begin to grow old is not determined so much by the almanac as by the condition of the physical and mental machinery with which Nature carries on the various processes of life. If the production of vital
force equals the expenditure, if the transmission force equals the expenditure, if the transmission of thi force to its place of use in the body is unhindered, if th

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## X-Ray Dentists



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elimination waste is carried on so as to prevent clogging the machine, we have a good foundation for long life. If we add to this a due regard for the laws of health as to eating, drinking and rest, a sane restraint of the passions
and appetites, a man may retain his youth until he is 40 his active manhood until 70, and the decrepitude of old age be still in the future at 80 .

It is a fact, however, that the average man is at his best 40 a man is increasingly preference being given for younger men by employers, Doubtless in very many cases the individual himself is to blame." Wrong habits of life, excesses of various kinds, degeneration of mind and body from alcohol and tobaccothese all have their effect in hastening premature old age. It is a proverb that the decrepitude of age is a close relation to the follies of youth." But more than all these combined, old age is hastened by an interference with the supply of vital force which, originating in the brain, furnishes the are carried elimination, a feeble heart and an erratic nervous system and whose machinery for producing is heavily handicapped
Year by year the strain goes on -the man is growing old.
The greatest discovery which the twentisth century has thus far produced is the fact that while there are many sec ondary or contributing causes which give to disease its diferent diagnostic features, the prime or first cause in a large between of cases is found in this interference with the ne
arious organs of the body and the brain
The importance of this discovery has only been realized steadily growing as it has been put to a practical demonstraion and a mass of testimony accumulated.

Practically, as the motor receives electricity from the dynamo through the wires, so each organ of the body receives its power to carry on its functions from the brain fect the health of the organ is normal. When this is peror partly broken the organ ceases wholly or in part wholly work, and weakness, disordered action or disease ensues. It is a demonstrable fact that a large proportion of mental diseases are caused by a pressure upon nerves interfering with the nutrition of the brain-that a removal of this pressure is

Today asylums.
Today asylums and hospitals are closed to any but regular methods, but the time is coming when the public will be made to see that one of the greatest sources of human derelicts may be removed and countless men and the question will be largely settled of what shall then with the criminal, the insane, and the mentally unbalanced Men will not be incapacitated by old age at 50 , nor senile who will enrich the world by will be hale and hearty at 80 reatly multiplied.

## NOTICE TO THE PUBLIC

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