LOMITA NEWS ITEMS

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Mr. and Mrs. Geo. King of East Pine street entertained Mrs. King's mother and father Mr. and Mrs Sherwood, and brother Ervin Sher wood, also friends from Gardena Mr and Mrs Bert Preder and two children. Å New Year Dinner was served.

Donald Brown left Sunday for San Bernardino after spending the Christmas holidays with his mother of 257th street. He is regularly employed there as coach-carpenter.

A. B. Davis was a business visit or to Los Angeles on Tuesday last

The Wilmington Journal changed hands this week and Editor Bow-ers formerly of the Seal Beach Post is the new editor, He has associated with him in the ownership the Taft Realty Co., of Wil mington.

The deputy assessors of the coun

ty were in Lomita last week sett-ing valuations on new buildings.

It is reported that the Craig shipyards at Long Beach have been sold to the Standard Oil who will use them to build big oil tankers

Rev. E. E. Clark returned from San Francisco, New Year's day and occupied his pulpit last Sunday. Mrs. Clark remained to visit rel atives another week.

LOMITA CHURCH NOTES

A year text was proposed by the pastor and was made the basis of a sermon at the morning service. The text was: "I will lift up mine cycs unto the hills from whence cometh my help." In the psalm from which these words are taken, the writer extols God as the Mighty Creator. He is more. He provides and cares for his people. He never slumbers nor sleeps. His eye ever sees his children. He not only protects the body, he guards the soul from all evil. His care and protection are not only for a few years, but forever. Therefore, there reason for personal despon dency, God sees, He knows, He cares, He loves. Also, there is no reason for des

wondency in one's outlook on the The Master taught us to world. Thy Kingdom Come. We pray, many help to bring it to pass.

Some New Year Resolutions was the evening topic from the text: As for me and my house we will serve the Lord."

There are great days in the year's calendar which we do well to observe and remember. July 4th Mother's teaches us patriotism. Day, the care and training of children. Christmas day, God's greatest gift to the world. New Year's day, the beginning of a new year. It is God's gift of another chance, another opportunity to make ourselves and our lives-bet ter than ever before. New Year Resolutions are often ridiculed. This is wrong and unkind. No one ever amounted to anything who did not first resolve to be some-thing. Many New Year Resolutions are negative such at the give ing up bad habits. Positive reso-nutions are better. The following were proposed as worthy of endeavor

1. I will be reverent in though and speech.

2. I will be kind in my judge ment and criticism of others. 3. I will keep busy at my work whatever it is.

4. I will attend the worship of the church every Lord's Dayunless prevented by some good rea

son. 5. I will read the Bible and pray every day. 6. I will publicly confess m

faith in Jesus Christ as my per sonal Savior, Teacher and Guide At the morning service, Mrs. Richey and Mrs. Miller were heard in a duet, and Mrs. Miller sang a

evening service

WASTED ENERGY OF THE SUN

Only a Minute Fraction of Its Tremen dous Heat Strikes the Earth and Becomes Useful.

A digression on the energy of the past sun may be permitted. All that the earth has caught, for all the millions of years that it has existed, is the merest fraction of what the sun has radiated in the same time, accord-ing to a lecture by Sir Oliver Lodge, reported in the Scientific American

The earth to the sun is like a print-er's full stop at a distance of ten feet from a halfpenny. Some of the radia tion from a globe one inch in diameter the spot one one-hundredth diameter ten feet away, but on the falls that little speck only catches the hun dred and fifty millionth part of the whole. What has become of the rest of the solar energy? It must still be careering through space. The ether is perfectly transparent and only when It encounters matter will the radiation be mopped up and turned into heat.

Not our sun only, but all the millions of other suns, have likewise been always pouring out radiation into space. Is there any hope of catching and utilizing it? I trow not. In spite of all this constant flood of energy space is cold; very near absolute zero. The reservoir is so enormous that all these taps, running for ages, have made no impression on it, have not raised the level a perceptible amount.

HISTORY REVEALED BY NAMES

By Them It is Possible to Ascertain What Races Have Inhabited

Different Districts. In the earliest days of the human family, all known persons, places and groups of human beings must have had names by which they were recog-

nized The study of these names and their survival in civilization enables us of-ten to ascertain what races inhabited districts now peopled by those of en tirely different speech.

The names of mountains and rivers in many parts of England, for in-stance, are Celtic.

Ancient local names are, as a rule Ancient local names are, as a rule, purely descriptive. A river is called by some word which merely signifies "the water," a mountain may have a name which means "the peak." "the castle," "the point."

English place names generally state some simple fact, and often denote no more than property; the name of a town or hamlet being formed by adding "ton" or "ham" to the name of some early landholder.

Quite often a bit of even half-hu-morous description will survive in such a name, as when a stony, starved and weedy district is called Starvacre.

Parisian Mementoes of Napoleon.

The statue of Henri of Navarre on the Pont Neuf, the oldest bridge in Paris, is a memento of Napoleon, for it was cast from the bronze of the emperor's statue which was torn from the top of the Vendome column in 1814. This column was erected to honor the victories of the great soldier, his martial deeds being depicted in a spiral strip which covers the sur-face of the pillar. His figure, in the robes of a Roman emperor, has since been placed at the top. The Exchange bridge was erected by Napoleon and still bears his monogram, the arches. The famous colonnades of the Louvre district are his work. He designed district are his work. He designed them in memory of his native Corsica where that type of architecture is

Overcoming insomnia. The treatment of insomnia or sleep-lessness is a simple matter. Psycho-analysis or a physical examination discloses the real source of the disorder

Insomnia has its foundation in loss of general health, worries, bad habits, need of ventilation and sunlight. Retire early at night, even if you cannot sleep. This restores the normal habit. Take a glassful of hot milk, a few crackers and a hot bath before you re-tire, \mathbf{A} cold pack to the head and a hot water bottle to the feet help to woo slumber. A triple efferies the test here to bromide tabloid or two in a glassful of water before bedtime will usually soothe the sufferer back into the land of Nod and a good eight hours of sleep.

nond under the X-rays, as well as its dense opaqueness, aids in detection, it is said.

Flying Casualties. Revised figures from the war depart-

nent show that there were but 583 cas-

ualities among American aviators in Europe during the war. Of this num-ber 491 were among aviators with the A. E. F. and the remainder among avi-

ators on duty with the British, French

and Italian armies. The casualties are classified as follows: Killed in combat, 208; prisoners, 145; wounded in action, 152; killed in action; 41; missing in

action, 29; injured in action, 25; in-

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terned, 3.

Diamond Thieves Easily Detected Diamond stealing in the South Af-rican mines is becoming precarious business. The blacks still swallow business. them or hide them in self-inflicted counds, but these methods no longer suffice. Coolidge X-ray tubes are so mounted in a frame as to illuminate the whole body of the stripped native standing before them. The entire body

TORRANCE ENTERPRISE

TRAGEDY IN INCREASED GIRTH Man May Smile at His Rotundity, but

Woman It is a Matter of Terror.

A fat man is usually a jolly sort of an individual who accepts the world as the same sort of a joke as the world considers him. Girth may worry a man occasionally because it is an annoy ance, but with the modern woman it verge upon tragedy. As physicians-if they would talk freely—can tell you, it is a worry to them that frequently leads to ruined health, insanity or the grave, the New York Sun says.

It is possible for a man to grow fat gracefully. At least he can subdue his habits, stop running for trains, give up his golf and spend most of his time in ponderous poses. His tailor can easily arrange his clothing into well known and accepted lines.

The case of the woman is different. There are no stylish frocks for stout women. The fashion calls for slim figures and trim ankles. Waists and hips are taboo. There are no sleeves capable of concealing overfleshed arms. Man can adapt his clothes to his fig-ure, but woman must adapt her figure to the clothes or else shamelessly admit that she cannot wear what is fashionable

It was not always so. In another generation the stout woman had a well-defined place — the "dowager type," it was sometimes called. The woman who made the best biscuits and cooked the most savory chicken was always a rotund sort of person who never minded it when people came un-expectedly around at dinner time. She was the one children flocked to for sympathy and the one who seemed to make the world brighter wherever she went.

INFLUENCE IN JAPANESE ART

Bird Motive Present in Every Crea-tion, With its Exquisite Form, Color and Motion.

Perhaps no nation so closely lives to the ideal of that bird lover W. H. Hudson, in so far as its feathered citi-zens are concerned, as the Japanese. In the art of the island kingdom the bird influence is almost supreme. Not alone in pictures which are bird mo-tives, but throughout their art, to whatever realm it goes, these motives are present, even when they do not dominate. The dip and recovery, the stately flight, the alighting, every mo-tion of the beautiful airy creatures has inspired in Japanese art its exquisite flowing line. In decorative art the form, color and motion of birds contribute even more. Japan abounds in bird life, of inter-

shift address in our net of the artists, while to sportsmen it is a delectable country. The empire stretches its length of islands north and south, and the forcests give shelter to many varietles of four-footed wild beasts, including big game, which attract sports-men from all over the world, but the bird world is the most various and attractive.—New York Sun and Her-

Peculiar Mud Geysers.

The mud geysers of the Salton sea, CalMornia, came into existence recent-ly, and cover a little more than two

acres. They are so-called mud volca noes and are various-sized caldrons of hot mud.

Some of them first appear as small some of them mist appear as small springs and others develop with loud explosions which tear holes in the earth from four to ten feet wide and to a depth of ten to twelve feet.

Salton sea is about 265 feet below the level of the sea, and until a few years ago was dry. From 1904 to 1906 water was diverted into the basin by the irrigation canal from the Colorado river, and it became a lake.

Since the stopping of the flow of water into the lake it has been rapidly sinking, and the mud geysers have re-appeared in the same vicinity in which ey existed before the lake's forma

The geysers are supposed to be an accompaniment of earthquakes .--- Kansas City Star.

Appreciation of the Potato

this country the chief and practically only interest in the potato today is as a vegetable for the table. We are greatly surpassed in this use by Europe, and Germany in particular. In that land the average annual per

PASSENGER AIR LINE EUROPEANS PLEADING FOR THEIR CHILDREN Government Has Plan Under Con-

Elder Generation Sacrifices Self That Hope of Future May **Receive Means of Life.**

The one optimistic note in the des perate need prevailing through the war-torn areas of eastern Europe is the extraordinary and touching faith of the people in the children. The elder genpeople in the children. The elder gen-eration has put all Hs hope and frust in the future of the generation now in its early years. In fact, in many in-stances it is deliberately sacrificing it-self for the children, the Europe of to-

In the war-rayaged districts supplies necessary for maintenance of insti-tutions are lacking, but it has been noted that always the request for outside aid emphasises the needs of the side ind empinishes the needs of the n-orphanages. How marked is this in-clination was indicated by the fact that one district of Poland the au-thorities, appealing to an American re-lief organization for assistance, asked assistance for only one military hospital, four general hospitals and twen ty orphanages.

ty orphanages. The appeal has reached America with the result that because they know that literally millions of Buropean chil-dren face starvation and death from disease unless the aid that only this country can give is forthcoming, eight great American relief agencies have banded together under the name of the European Relief Council to raise \$83.-000,000 needed to tide the baby genera-tion of Europe over possibly the most critical winter it has yet faced. These are the American Relief Administration. are the American Relief Administration the American Red Cross, the American Friends' Service Committee (Quakers) the Jewish Joint Distribution the seven some Distribution Committee, tee, the Federal Council of Churches of Christ in America, the Knights of Columbus, the Y. M. C. A. and the Y. W. C. A.

FOREIGNERS SENDING VAST RELIEF HOME

Over 90 Per Cent of Food Drafts Sent to Europe Gifts From **Immigrant Population.**

Out of their earnings, for the most part as unskilled laborers, living from hand to mouth, the foreign-born ele-ment in the United States is contributing largely to the funds for food sup-plies to ald the starving peoples of their native lands.

e. .ee. on ine Food Draft section of the American Relief Administration show that \$509,110 had been sent to Poland, up to the end of November, \$158,170 had been sent to Czecho Slovakia, Hungary had received \$882, 700, Ger. nany had \$1,443,619 and Aus-tria \$2.036,720. It was estimated that more than 90 per cent of this money had been spent by nationals of these various computies who are now in the om the Food Draft section various countries who are now in the United States. There are about 1,500, 600 Poles 200,000 Hungarians, 400,000 Czechs and 600,000 Slovaks in this untry.

The profits which resulted from the sale of these food drafts have been turned into the fund for general child feeding. It is to bring this fund up to the point where it can meet the do-mands on it, to save the lives of 3,560, 000 children that the European Rel-Council has been formed by eight great relief organizations.



This Vienna child is six years old but because of the ravages of rickets the disease born of under-nutrition that has stricken thousands of European children, she is able to toddle about only by dint of supreme effort. The sprend of this terrible disease of childhood and the rescue of those alrendy in its grip can only be accor-plished by America. That is why eight great American relief organizations inve binded together under the func-of the European Relief Council in a joint appeal to the Americas can-science for funds science for funds. in the first)

This is an age

Alexis Kosloff, who danced with the Russian imperial ballet during the regime of the late czar, is the origi

Man Has Hardware

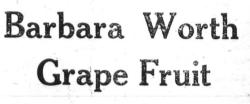
New York .--- When Dr. Dresbach, surgeon of the United States public service, opened the stomach of a man who was suf-fering from shell shock, he found a condition by which the prestige

les, needles and sticks al-together sixty-nine pieces of for-eign substances. He will re-

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The Best Edibles

JUST NOW IT IS



Nothing can be more healthful to your system than

Cambridge, Mass .-- A dirigible air ship line to engage in regular passen ger service between New York and San Francisco is a project in which war department officials would like to interest capital, with a view to having

an air fleet immediately available in case of war, according to Prof. Har-vey N. Davis of Harvard university. Prof. Davis is engaged in experwork on hellum gas for the depart ment, and is designing a plant to be built at Langley field, Virginia, where the expensive gas after use in the mil

sideration.

Dirigibles Between New York and Sar

Discut Jad.

Francisco Project Being

itary lighter than-air craft may be washed free of impurities and use again again. Estimates by Col. William N. Hens ley of the war department indicate that it will be possible for passengers

to go by airship overland at a cost of about 5 cents a mile, at a speed of 68 to 70 miles an hour. "The advent of the airship as a regular passenger carrier is mue

regular passenger carrier is motion onearer than many persons in this country realize," said Mr. Davis, " shall be surprised if the coming sum mer does not see a line of alrships in operation by an English firm between

the United States and the Britist Isles, and I have no doubt whatever that a year from now will see regular weekly snilings. By the use of helium all dange of disaster from explosion such as have wrecked big bailoon

Alled with hydrogen will be averted. "There will be no fear of ignition of the gas by bullets, lightning or sparko from the engine. In fact, it is pointed out that the engines may be placed inside the outer shell of the dirigible and that except for observation pur-poses no car need be carried outside the big bag."

While the present **e**st of producing helium is about ten times that of hy-drogen, Professor Davis believes that development of its manufacture will result in a cheaper product. Helium will be used to furnish the lifting pow-er in the \$2,500,000 dirightle which the navy department expects to obtain from an English manufacturer soon.

CREEPING CAT LATEST STEP

Introduced to Rival the Long Popula Fox Trot—Simple and Easily Acquired.

New York .--- If you would be all there in the ballroom it is quite likely you will have to know El Chat. Th's is the very latest shuffle, and in plain

El Chat may be classed as a digni fied ballroom dance. The movemen throughout its three variations is slow and calls for a creeping motion that may have inspired its caption. There also is just a touch of the kittenish to it when the dancers, at the end of the second movement, rise to their toes

and wiggle their heels. It is a simple graceful dance, easily acquired. It is intended to take its place with the fox trot, one-step and modern modification of the waltz, but is no relation whatever to the dance Jim Crow

nator of the cat step.

****** Store in Stomach.

of the goat was challenged. The patient in fits of delirium had swallowed a varied hard-ware diet. There were removed from his stomach thirty rolls of tin the size of a **cand**le, four wooden tongue dep**ressors**, sev-eral nails, many buttons, buck-

English is known as the cat step.

extra music added to the worship of both services.

The choir will have a rehearsa Friday afternoon, January 7th a the chuich:

LOMITA BOYS IN TAMPA

Clayton A. Davis arrived Wed nesday, December 20th, from Lo mita, Cal., from which he made inita, the trip in a Ford car .-- Tampa Times. quickly detected. The glow of the dia-

NOTICE

The Globe Eakery has opened salesroom in the Lomita Meat Market where they have on display varied assortment of pastries ah from their ovens. Specials fresh from their ovens. will be offered every Saturday, at reduced prices, for tomorrow, a mocha cake being sold at 50 cents. The new concern is enjoying a big patronage.

"Hardware" Reeve--Water pipe. All sizes in stock.

capita consumption was seven bushels in normal times, while our own was two and a half. The laborers of eastern Germany ate 17 bushels of east-num. The other European countries are, as a rule, far above us and the diet of many an Irishman is said to be potatoes and spring water-for breakfast, dinner and supper. In ad-dition to this direct consumption uses of the potato-largely unknown to Uncle Sam are for flour starch, dexof the hundreds of miners can thus be brought into view in the fluoroscope in a few seconds, and any diamond pres-ent, even if behind thick bones, is trine, glucose and alcohol.

Birch's Many Uses

No tree is more useful to man than the birches-the red birch of the South, whose seeds fall into the mud South, whose seeds fall into the mud in low waters and geruinate to bold back the waters of the streams from tearing away the banks; the yellow birch, ilke that which Burroughs "shaved by fire;" the black birch, so useful for its beautiful wood; the cherry birch, of the same wonderful loveliness and whose inner bark gives the essential oil of wintergreen and the peculiar perfume to what we call "Russia leather;" the popular-leaved-birch of which Lowell writes so beau-tifully, and the cance birch,-New Work Times.

*********************************** BICYCLE IS MOST WONDERFUL

Who Visit Winnipeg Call I the Most Amazing Thing They Saw.

Winnipeg, Man.-Indians who were brought to Winnipeg from the far corth to participate in the Hudson Bay's anniversary pageant, some of whom had never been in a large city before, when asked what they thought was the most wonderful thing wit-nessed here declared it to be the bicycle.

The reason for this, it is said, was because the Indian could see the work-ing of the bicycle, whereas he failed to understand the complicated mechaulam of the locomotive engine, the air plane, the automobile or the immense structures of the city.

Prefer Sugar to Cash. Prefer Sugar to Casa. Clarksburg, W. /a.-Sugar is more precious now than gold. Burgiars who broke into the plant of the 10k Bob tillag company didn't bother the cash or anything else, but did make was with 900 pounds of sugar.

a grapefruit each morning. Barbara Worth Brand is grown in the Imperial Valley where climatic conditions make it the finest you ever tasted.

TRY THEM

Extra Large Size, 3 for _



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The Quality Store

Torrance, Calif.

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