

• Foods Co. Is Your Summer Place For Carefree Meal Planning • Shop Foods Co-untry Every Week & Save!



You'll Find Foods Co. Meats Perfect For Casual Outdoor Meals!



foods co.
U.S.D.A. CHOICE
YOUR FINEST BEEF & LAMB

USDA CHOICE
SMALL LOIN
LAMB CHOPS
\$1.39 lb.

USDA CHOICE
RIB
LAMB CHOPS
\$1.19 lb.

USDA CHOICE
SIRLOIN
LAMB CHOPS
\$1.19 lb.

GROUND FRESH
HOURLY
GROUND LAMB
49¢ lb.

USDA CHOICE
O-BONE
LAMB CHOPS
98¢ lb.

USDA CHOICE
SHOULDER
LAMB CHOPS
89¢ lb.

USDA CHOICE
TENDER SWEET
BREAST OF LAMB
15¢ lb.

USDA CHOICE
ROAST or BBQ
LAMB SHANKS
59¢ lb.

FRESH AMERICAN • USDA CHOICE
LEG O' LAMB
5 TO 6 POUNDS AVERAGE
79¢ lb.

FRESH—USDA CHOICE LAMB
SHOULDER LAMB ROAST
59¢ lb.



FARM FRESH • USDA INSPECTED
CHICKEN PARTS
HAND CUT • NO SPLINTERS
BREASTS, LEGS or THIGHS 59¢ lb.
DRUM-STICKS 69¢ lb.
GIZZARDS or WINGS 39¢ lb.
CHICKEN LIVERS 49¢ lb.

USDA CHOICE BEEF
BONELESS ROUND STEAK 89¢ lb.
LEAN CENTER CUTS

USDA CHOICE STEER BEEF
BREAKFAST and BUTTER STEAKS
PAN FRY \$1.09 lb.

USDA CHOICE

USDA CHOICE STEER BEEF
BONELESS STEAKS 98¢ lb.
• TOP & BOTTOM ROUND
• CUBE • CHICKEN FRY

USDA CHOICE STEER BEEF
FULL CUT ROUND STEAK 79¢ lb.

USDA CHOICE BEEF
OVEN READY
RUMP ROAST
79¢ lb.

USDA CHOICE BEEF
WATERMELON
RUMP ROAST
95¢ lb.

McCOY'S
BEEF BACON
69¢ lb.

McCOY'S
BEEF SAUSAGE
49¢ lb.

CHEF'S DELIGHT
VEAL CUTLETS
69¢ lb.

EXTRA LEAN
DANOLA BACON
12-OZ. PKG. 79¢

Seafood Favorites

NORTHERN
HALIBUT FILLETS 59¢ lb.
CAUGHT FRESH DAILY
FILLET OF SOLE 98¢ lb.
COLUMBIA RIVER • I.Q.F.
RUPERT'S SMELT 1-lb. BAG 49¢

delicatessen



ALL MEAT DUBUQUE FRANKS



1-LB. PKG. **59¢**

For Flavorful SALADS
ANDREE'S DRESSINGS
8-OZ. JAR **3 FOR \$1**
ROQUEFORT. 49¢

YAMI YOGURT
ALL FLAVORS • 8 OZ. CARTON
5 FOR **95¢**

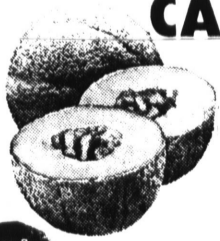
XLNT SALADS
• POTATO • MACARONI • COLE SLAW
PINT CUP **33¢**

fresh produce



SWEET • YOUNG • TENDER
HOME GROWN
CORN
FULL OF COUNTRY FRESHNESS
• LARGE EARS
5¢ ea.

CUCUMBERS
LONG GREEN SLICING SIZE
2 FOR 19¢



LARGE • SWEET • THICK MEAT
CANTALOUPE
VINE RIPENED
• FULL OF FLAVOR
• TOP O' THE CROP
9¢ lb.

SUNCREST FREESTONE PEACHES
Large Sweet Juicy Ripe • Very Finest
19¢ lb.