

ANN LANDERS



You Didn't Ask, But...

Dear Ann Landers: Recently you printed a letter about a man who committed suicide because of the insults and the smart cracks about a physical handicap which he was supposed to accept as jokes.

It might be useful if you would print a letter from an abnormal individual who knows only too well what it is like.

Here is my story: I have been extremely overweight since I was a young boy. I have undergone every test imaginable and the results are always the same — no organic problem. I am on a constant diet which keeps me at 400 pounds. This is all I can hope for.

I am employed by a small firm because the top companies in this field will not hire me. I can't get insurance. No girl will ever marry me. My best friend apologized for being unable to have me in his wedding party because I would "ruin the looks of the ceremony." I could write a book about the clothing industry and their treatment of oversized people. The only thing I can say about American cars is that they are better than foreign cars. I have to pay \$5,000 for a car I can get into and drive.

The chairs in most theaters, restaurants and sports arenas make it impossible for me to enjoy a night out. If I fly I must travel first class since tourist seats are too small. Hotels and motels have turned me away because they were afraid I would break the beds and chairs. When I visit friends I am constantly being asked to "sit down." The truth is that very few chairs are built to support a person who weighs 400 pounds.

The Armed Forces turned me down. So did the Peace Corps. Excessively obese people can't even serve their country.

So you see, Ann, it isn't the insults and jokes and the stares of little children that drive me to the brink. It's the denial of so many things most people take for granted. The worst of it is knowing that the future holds nothing for me but more of the same.

—FREAK OF THE ENTIRE STATE.

Dear Friend: While I sympathize with you, as I sympathize with all people who are wretchedly unhappy, I am baffled as to why you have resigned yourself to remaining a 400-pounder forever when the tests show no organic abnormalities. The obvious conclusion is that you are obese because you are a compulsive eater. You did not ask for advice, but I would feel remiss in my duty if I did not offer it. Go to a psychiatrist and learn why you insist on maintaining this fortress of flesh around yourself. From whom are you hiding?

Dear Ann Landers: I am 15 but nobody would guess it. For over a year I have been served cocktails in several bars and no one has even asked to see my ID card.

My problem is a fellow who is 23. He looks like John Forsythe and we are in love. Unfortunately he has had some trouble with the law (not his fault) and my folks have told me I can't date him.

His parents like me and they say I am good for him. They say if my folks throw me out I can live with them. How can I get my folks to be reasonable?—SAD TEEN.

Dear Teen: You're going to be a lot sadder if you don't quit drinking cocktails and running around with a fellow who is five years too old for you.

Don't try to be a parole officer. And, furthermore, if you are smart you will listen to YOUR parents, not his.

Uncsure of yourself on dates? What's right? What's wrong? Should you? Shouldn't you? Send for Ann Landers' booklet "Dating Do's and Don'ts," enclosing with your request 35c in coin and a long self-addressed, stamped envelope. Ann Landers will be glad to help you with your problems. Send them to her in care of this newspaper enclosing a stamped, self-addressed envelope.

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Fall Counseling Sessions Begin

Prospective full-time students for the fall semester at El Camino College are urged to make counseling appointments now and also secure reservations for required tests, according to W. Holmes Smith, dean of counseling and placement.

(Advertisement)

Stops Tormenting Rectal Itch

Exclusive Formula Promptly Stops Itching, and Relieves Pain of Piles in Most Cases

New York, N.Y. (Special): One of the most tormenting afflictions is the burning itch caused by piles. It's most embarrassing during the day and especially aggravating at night. "Scratching" only makes the condition worse. No matter what you've tried without results—here's good news.

A scientific research institute discovered a special medication which has the ability, in most cases—to promptly stop the burning itch, relieve pain and actually shrink hemorrhoids. Tests conducted on hundreds of patients by leading doctors in New York City, in Wash-

ington, D.C. and at a Midwest Medical Center proved this so. And it was accomplished without narcotics or stinging astringents of any kind.

The secret is Preparation H®—an exclusive formula for the treatment of hemorrhoids. There is no other formula like it! In case after case, Preparation H promptly stops the burning itch, relieves pain—as it gently reduces the swelling. Preparation H also lubricates, gently soothes irritated tissues and helps prevent further infection. In ointment or suppository form. No prescription is needed.

All Stores Celebrate GRAND OPENING

Thrifty

CUT RATE DRUG STORES

AUGUST

Prices Good Today Thru Tues., August 1

1 NEW LOWER EVERYDAY SHELF PRICES + 2 TREMENDOUS REDUCTIONS ON WEEKLY ADVERTISED SPECIALS!

Box of 48—Regular or Super
\$1⁷³ Kotex... \$1²³

20 Oz. Antiseptic—Price Incl. 12c Off on Label
\$1³⁹ Listerine. 79^c

Pack of 70 Shear Strips
89^c Band-Aid 49^c

Bottle of 24 Tablets
\$1¹⁹ Dristan... 79^c

Double Edge—Pack of 5—Made in Sweden
79^c Schick STAINLESS STEEL BLADES 46^c

Family Size—Price Incl. 16c Off on Label Toothpaste
94^c Pepsodent 54^c

11 Oz. Shave Cream —Price Incl. 20c Off on Label
98^c Barbasol 44^c

Multi-Tuft Toothbrush 34^c
Compare to others at 75c. Designed to specifications recommended by dentists.

98^c Value! Aqua Velva Skin Care 39^c
Famed Williams special offer—only at Thrifty! Conditions, moisturizes.

FULL YEAR'S SUPPLY!
\$9⁹⁵ Value! Rybutol IRON PLUS
MULTIPLE VITAMINS
Bottle of 366
\$2⁹⁹
First time ever! Full year's supply nationally famous Rybutol—now with iron! Vitamins for the entire family—in smart apothecary bottle. Get yours!



\$1⁰⁰ Value! Bath & Boudoir Sets 69^c
Decorative and useful cutlery & vanity trays, soap dishes, sponges, lipstick holders, nail, bath & hairbrushes & combs for the family! Very specially priced!



\$3⁹⁸ Women's Western Capris
Thrifty Priced
\$3⁴⁴
Get set for summer with "Hullabaloo" easy-care 75% cotton and 25% nylon stretch denim capris in new colors—Loganberry, Brown and Navy. Terrific values at the price!



\$4¹⁹ Value! Faultless Spectra Travel Syringe 2⁴⁴
1st quality, 2 qt. syringe with attachments and hang-up hook. In pink carry bag. 4 yr. guarantee. Save 1.75 in sale.



THRIFTY'S AUGUST CLEARANCE OF EVERYDAY NEEDS

Hurry While Limited Stocks Last

- 66^c Dustpan and Brush Sets 59^c
- Over-Door Shower Caddies \$1⁹⁹
- 99^c 2 Piece Broiler Pans, 11x16" ... 77^c
- 69^c Dish Drainers, 49^c
- 99^c Space-Saver Cabinet Racks, colors 77^c
- \$3³³ Expandable Walnut Wood Rack... \$2⁸⁸
- 99^c Rubbermaid Plastic Dishpans... 77^c
- \$3⁹⁹ 2-Piece Teflon Cookware Sets... \$2⁹⁹
- 88^c 3-Tier Metal Letter Holders 69^c
- \$2²² Melamine 3-Piece Feeding Sets... \$1⁸⁸
- 10^c Salad or Dessert Bowls, 5 7/8" 6 for 49^c
- \$2⁸⁸ Cory 3 to 5 Cup Petite Perk \$2⁵⁹
- 88^c 3-Slot Kane Design Memo-Minder 69^c
- 59^c Ice Cube Trays, pack of 3 39^c
- 19^c Plastic Dustpans 13^c
- \$2⁷⁹ Apollo Paint Roller Sets \$1⁵⁹
- 39^c Cellulose Sponges, pack of 3 29^c
- 89^c Angel Rinse Cool Water Soap ... 59^c
- 99^c Plastic Clothesline, 100 Foot 88^c
- \$2⁹⁹ Unfinished Wood Bar Stools 2 for \$5⁰⁰
- 59^c 2 1/2 Qt. Decorated Glass Ovenware 39^c
- 39^c Cotton Terry Dish Towels .. 4 for \$1⁰⁰
- 25^c Coat & Clark Blossom Thread 3 for 57^c
- 98^c Nylon Tip Watercolor Markers set of 5 66^c
- DuPont Reversible Nylon Watch Bands 77^c
- 59^c Lindy Ultrataper Ball Pen 2 for 59^c
- 69^c LePages Transparent Tape 49^c
- \$1⁷⁹ Scrabble for Juniors \$1³³
- 98^c Agent Honey Bunny Bubble Bath 77^c
- 49^c Tussy Budding Beauty Party Pak 39^c
- 59^c Plastic Boutique Soap Dish/Soap 49^c
- \$2⁶⁹ Madeira Vinyl Tablecovers 54x72" \$2³⁷

\$1⁹⁸ Women's Pajamas or Gowns \$1⁵⁷
Your Choice
Carefree and comfortable non-run nylon tricot tricot-triacetate in styles for everyone! Daintily trimmed with lace 'n bows. 34 to 40 in Pink, Blue or Yellow.



\$1³⁸ Turtle Wax LIQUID CAR WAX 93^c
18 Ounce

Reg. 49^c Lov-It TILE CLEANER 29^c
12 Ounce

\$3⁹⁸ Women's Acrylic Sweater \$3¹³
Fine gauge knit acrylic short sleeved sweaters with web design yoke, zippered back. Color choice!



Selling in Leading Department Stores at ... \$4⁵⁰
Natif de France \$1⁵⁹
Toilet Water
Spray Mist
Lingering French fragrance bottled & sealed in France. Your Choice

\$1⁰⁰ Teenagers' or Kiddies' Bags 79^c
Teen crutches in vinyl or fabrics! 6 styles in kiddies' patents! In Black, Bone, White, popular pastels.



Artistic & Regent Cream Shampoos 49^c
Your Choice
15.5 oz. Scoop buy from famed maker makes low price possible. Lathers in hard or soft water.
8-oz. size ... 29^c

\$1⁹⁹ Adjustable Men's Belts \$1¹⁹
Good looking and comfortable belts 1 1/4 inches wide with buckle... reduced for Thrifty's Great August Clearance Sale.



\$1.50 Lanolin Plus Lotion 88^c
Glycerine & Rosewater
Leaves hands and body softer, smoother, lovelier. 12 oz. size for limited time.

\$3⁹⁸ Value Men's Sport Shirts \$2⁹⁸
Short sleeved shirts of 65% Polyester and 35% cotton with high-style collars. Also no-iron fabrics.



\$1.29 Pound Pack Bobbie Pins 99^c
Protective tips keep hair from breaking! Approx. 800. Quality Lady Lora at sale savings.

Ladies' Canvas Tennis Shoes \$2⁵⁹
Cotton duck upper with textured rubber sole. Top styling with quality workmanship. Choice of colors & popular sizes.



\$1.00 Rol-Eze Hair Rollers 79^c
Automatic rollers with built-in pin. Roll hair up and slide it in. Need no clip.